

Elizabeth Stillerman Anderson

<https://www.lizandersondance.com>

liz.anderson@wustl.edu

ACADEMIC APPOINTMENTS

2026- Lecturer in Performing Arts, Washington University in St. Louis

2024 – 2026 Instructor of Record in the School of Dance, University of North Carolina at Greensboro

EDUCATION

Master of Fine Arts, Dance Choreography **May 2026**
University of North Carolina at Greensboro, Greensboro, NC
Recipient of a three-year Graduate Teaching Assistantship and a Graduate Summer Stipend (2024)

Bachelor of Fine Arts, Dance Performance and Choreography **May 2013**
Elon University, Elon, NC
Summa Cum Laude

Hebrew University, Rothberg International School **January 2012 – June 2012**
Jerusalem, Israel

Jerusalem Academy of Music and Dance **January 2012 – June 2012**
Jerusalem, Israel
Performed works by Crystal Pite, Barack Marshall, and Jacopo Godani with the Jerusalem Academy Dance Ensemble in Jerusalem and Tel Aviv.

PROFESSIONAL DANCE EXPERIENCE

Kit Modus **August 2018 – June 2023**
<https://www.kitmodus.com>

Directed by Jillian Mitchell, Atlanta, GA

- Performed works by Jillian Mitchell, Mark Caserta, Ruben Juilliard, Christian Denice, and Yoshito Sakuraba in Atlanta, GA
- In 2019, traveled with the company to Philadelphia, PA, to perform at the Women in Dance Leadership Conference
- Led sessions in repertory for summer and winter company workshops

Elements Contemporary Ballet **June 2013 – November 2017**
Directed by Mike Gosney, Chicago, IL

- Performed works by Mike Gosney, Joseph Caruana, and James Gregg in Chicago, IL
- Traveled with the company to perform in Milwaukee, WI, St. Louis, MO, and Skokie, IL
- Taught company class and led repertory sessions for summer workshops

Chicago Repertory Ballet **January 2014 – June 2014**

<https://www.chicagorepertoryballet.com>

Directed by Wade Schaaf, Chicago, IL

- Invited as a guest artist to perform works choreographed by Wade Schaaf

Chicago Civic Ballet

August 2013 – December 2013

Directed by Victor Alexander, Chicago, IL

- Invited as a guest artist to dance in the corps de ballet for *The Nutcracker*
- Rehearsed by Birute Barodicaite and Delores Long
- Traveled throughout the state of Illinois to perform with the company

TEACHING EXPERIENCE

Lecturer in Performing Arts

August 2026 - Present

Washington University in St. Louis, St. Louis, MO

- Courses taught: Classical Ballet Intermediate II, Classical Ballet III, & Contemporary Ballet

Graduate Teaching Assistant/Instructor of Record

August 2024 – May 2026

University of North Carolina at Greensboro, Greensboro, NC

- Taught *Pilates for a Healthy Body* (DCE 244) to 30+ students. This general education course focuses on helping students make effective health and wellness choices through Pilates Mat classes.
- Taught ballet courses for varying levels and diverse student populations, including Ballet for Musical Theatre (DCE 123), Introduction to Ballet (DCE 113), and Ballet I (DCE 114). Enrollment in Ballet I was reserved for dance majors and select dance minors.

Dance Instructor/Rehearsal Assistant/Choreographer

July 2023 - Present

Greensboro Ballet, Greensboro, NC

- Taught weekly ballet, pointe, and contemporary classes to intermediate through advanced students
- Rehearsed student pieces for performances, including *Alice in Wonderland* and *The Nutcracker*
- Choreographed contemporary and classical ballet works for pre-professional student company

Group Fitness Instructor

July 2023 – November 2024

02 Fitness, Greensboro, NC

- Taught Barre, Pilates, Bootcamp, Line Dancing, and Zumba classes to adults and seniors

Artistic Director

July 2019 – May 2021

Covington Regional Ballet, Covington, GA

- Oversaw the dance school, dance company, instructors, and support staff
- Directed, choreographed, and rehearsed three mainstage productions per season: two ballets and one contemporary performance
- Taught ballet, pointe, and contemporary dance classes to middle- and high-school-aged students

SERVICE AND ADMINISTRATIVE EXPERIENCE

Service to Performing Arts Department

August 2026 - Present

Washington University in St. Louis, St. Louis, MO

- Committees: Recruitment for the Performing Arts Department, American College Dance Festival

Service to the UNCG School of Dance

August 2023 – May 2025

University of North Carolina at Greensboro, Greensboro, NC

- Managed the UNCG School of Dance Theatre Box Office. Duties included using reservations software eTix to reserve and sell tickets, schedule and direct student ushers, coordinate complimentary tickets for guests, faculty, and VIPS with choreographers and artistic directors, and assist guests as needed before, during, and after performances.
- Served as assistant to Graduate Program Director Dr. Ana Paula Höfling, where I coordinated graduate program auditions and served as the graduate student representative. Duties included scheduling teaching auditions and interviews, coordinating and communicating details of auditions with UNCG faculty and staff, helping prospective students plan their visits to Greensboro and UNCG, touring prospective students, answering general questions about the MFA program, and planning a networking event for prospective students to meet current MA/MFA students.
- Served as Community Liaison between the School of Dance and Weatherspoon Art Museum, where I established a community event called Drawn to Dance. This event received recognition in the UNCG Research Magazine and was awarded the Sue Stinson Program Enrichment Endowment for community engagement.
- Assisted Dr. Mila Parrish with the establishment of the UNCG Balanced Body Pilates Certification program and community classes. Duties included scheduling of community Pilates classes, coordinating with the School of Dance administrative staff on program needs and scheduling requirements, and serving as a liaison between certification students and faculty/staff.

Assistant General Manager

December 2017 – June 2023

Alcovy Fitness and Wellness, Covington, GA

- Organized and created all marketing, social media, website design/updates, and digital communications with prospects & members
- Instructed weekly aerobics classes for adults and seniors, substituted as needed. Classes included: HIIT, Barre, Line Dancing, and Zumba
- Coordinated member retention and community outreach events
- Managed front desk staff, including scheduling and training of staff

Studio Manager/Fitness Instructor/Staff Trainer

September 2014 – November 2017

MaZi Dance Fitness, Chicago, IL

- Created and scheduled weekly marketing and sales emails
- Trained new staff in MaZi-branded classes, including: Ballerina Bum Bootcamp, Ballerina Bum Barre, and Ballerina Fight Club
- Communicated weekly announcements to the instructor team and served as a liaison between staff and MaZi owners
- Created content for MaZi Ballerina Bum workouts
- Choreographed for MaZi Dance Fitness adult performance group

Reservations Manager/Host

July 2014 – October 2017

Trenchermen/Trench by Heisler Hospitality, Chicago, IL

- Confirmed reservations and organized seating chart for 200+ nightly guests
- Coordinated with the back-of-house during dinner service to ensure smoothness
- Supervised and trained a team of hosts on reservation software and best practices

CREATIVE RESEARCH

Choreographer **November 2026**
Washington University Dance Theatre, St. Louis, MO

MFA Thesis Project **February 2026**
MUSE, UNCG School of Dance, Greensboro, NC

- Directed, produced, and choreographed a full-length contemporary ballet for nine undergraduate dancers

Guest Choreographer **March 2025**
Story Book Tales, Carolina Theatre, Greensboro, NC

- Choreographed a contemporary work for six advanced students entitled *Flights of Fancy*
- Choreographed ballet waltz scene for the Garden of Living Flowers in *Alice in Wonderland*

Guest Choreographer **November 2024**
Ambedescent, University of North Carolina at Greensboro, Greensboro, NC

- Choreographed a contemporary work for five dancers entitled *A Light Haunting*

Co-Director/Choreographer **September 2024**
Not Another Chair Dance,
University of North Carolina at Greensboro, Greensboro, NC

- Collaborated with two other graduate students to direct and coordinate an evening of graduate student works entitled *Not Another Chair Dance*, an informal dance concert showcasing works that use chairs, benches, stools, and other props
- Collaborated with colleague Zoia Cisneros to perform and choreograph a duet entitled *Co-Lapsing*

Guest Choreographer **June 2024**
Decatur City Dance, Decatur, GA

- Commissioned to create a large, contemporary ballet group work for student performance company. Piece was entitled *Fractal*.

Co-Director/Choreographer **April 2023**
RetroFuturism, Greensboro Project Space, Greensboro, NC

- Co- directed and coordinated an evening of site-specific and experimental contemporary dance entitled *RetroFuturism*
- Choreographed a site-specific duet entitled *Believe Me, Affectionately Yours*

Co-Founder/Event Coordinator **April 2024, September 2024**
Drawn to Dance, Weatherspoon Art Museum/Coleman Building, Greensboro, NC

- Coordinated and created a multi-disciplinary community event with colleague Tiffany Moss that brought together students from the School of Art, School of Dance, the university-at-large, and local community.

- At this event, students in the School of Dance improvised based on prompts they received from the space, music, and/or energy of the room while students in the School of Art practiced drawing and filming for animation and film projects.

Choreographer/Co-Producer

April 2023

Always Present, Dance Film, Covington, GA

- Collaborated with composer Philip G. Anderson and cinematographer Eric Waldron to create a 30-minute dance film to an original score

Artistic Director

April 2021

Where the Wild Things Are, Porter Performing Arts Center, Covington, GA

- Original 1-act ballet created for Covington Regional Ballet based on the children's book
- Collaborated with a set designer, costume designer, and lighting designer to create original set pieces, costuming, and lighting designs
- Coached, choreographed, and rehearsed student performers for mainstage production

Choreographer

March 2018

Portraits, Dance Film, Chicago, IL

- Collaborated with composer Philip G. Anderson to create choreography and dance in dance film
- Film was selected and awarded by the Chicago Alliance of Film Festivals (CAFF) to be shown at the Millennium Park Summer Film Series

AWARDS/RECOGNITIONS

- UNCG Graduate School CVPA Summer Stipend to pursue research in contemporary ballet, Summer 2024 (\$1,545).
- Sue Stinson Program Enrichment Endowment grant for community-based work through collaboration with the Weatherspoon Art Museum for multi-disciplinary event *Drawn to Dance*, Spring 2024 (2,000).
- Featured in the UNCG Research Magazine for creative research through multi-disciplinary community event, *Drawn to Dance*, April 2024 (<https://www.uncg.edu/news/uncg-dancers-collaborative-project-makes-art-come-alive/>)
- Featured artist in *The Newton Community Magazine* for work with the Covington Regional Ballet, Fall 2020 Edition
- Recognized by *The Covington News* in the 2019 '40-Under-40,' an award for people under the age of 40 who contribute to their local community in the form of volunteer work, civic engagement, and community involvement, Spring 2019

CERTIFICATIONS

- **Pilates Mat 1, 2, and 3** | Balanced Body - 2025
- **Pilates Reformer 1, 2, and 3** | Balanced Body - 2025
- **CPR/AED** | American Heart Association – 2020, 2023

- **Group Fitness Instructor** | Athletics and Fitness Association of America (AFAA) - 2023
- **Zumba Instructor** | Zumba 2022

VOLUNTEER WORK

Community Liaison

January 2021 – June 2023

Alcovy Fitness and Wellness, Covington, GA

- Through my work at Alcovy Fitness and Wellness, I organized the 12 Months of Giving Campaign, where we supported a local nonprofit organization each month through donations and awareness campaigns.
- I collaborated with local organizations to facilitate donations and awareness campaigns for various causes, including: Alcovy CASA, an organization dedicated to improving the lives of children in foster care; Newton Trails, an organization that creates and maintains greenspaces and trails in Newton County, GA; Toys for Tots, an organization that donates toys to children in need during the holiday season; Zumbathon's to support special needs students in Newton County; Susan G. Komen, an organization that supports breast cancer research; local school supply drives; and local homeless and domestic violence shelters through collections of food, clothing, and household items.

Volunteer Zumba Instructor

August 2022 – May 2023

Alcovy Fitness and Wellness, Covington, GA

- Through my work at Alcovy Fitness and Wellness, I partnered with Covington-based physical therapist Linda Reagan to teach seated Zumba classes to students with special needs.

Founder, Director

August 2020 – May 2021

Motion Dance Ensemble, Covington, GA

- Motion Dance Ensemble was a community-based dance ensemble for students aged 11-18.
- As founder and director, I worked with local community business leaders to secure donations, funding, and performance opportunities for students in the Covington/Newton County area. All students in the ensemble were funded through scholarships donated by local businesses.
- Additionally, I supported local and Atlanta-based artists by hiring and arranging stipends for emerging choreographers who created works in diverse genres, including contemporary, jazz, hip-hop, and Latinx styles.